

Black Dog Ride

1 Day

raising
awareness
of depression
and suicide
prevention

Sunday 20th March 2016



Black Dog Ride's iconic annual 1 Day is a nationwide project to raise awareness of depression and suicide prevention.

Help us start a national conversation about suicide prevention - get on your motorbike and join your local Black Dog Ride at:

AVON VALLEY WA

- 8:00am Check in and Breakfast provided by Lions Club at Bernard Park Northam
- 9:45am Depart for Wongan Hills
- 10:15am Ride through and regroup at Goomalling
- 11:15am Morning Tea provided by Apex and Rest Break at Wongan Hills
- 12:00pm Depart for Toodyay via Galingiri and Bolgart
- 1:00pm Finish Ride at Duidgee Park in Toodyay

PLEASE REGISTER AT
blackdogride.com.au

For more info contact
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