

# Black Dog Ride

1 Dayer

raising  
awareness  
of depression  
and suicide  
prevention

## Sunday 20th March 2016



Black Dog Ride's iconic annual 1 Dayer is a nationwide project to raise awareness of depression and suicide prevention.

Help us start a national conversation about suicide prevention - get on your motorbike and join your local Black Dog Ride at:

### MELBOURNE (EAST) VIC

- 9:00am Check in at Peter Stevens Ringwood (Rear Carpark), 507 Maroondah Hwy Ringwood. Coffee and sausage sizzle breakfast available
- 10:00am Ride heads off via Yea
- 1:00pm Arrive at Marysville for a Ride Finale with lunch by Lions. Chicken/Salad rolls + drink for a \$5. We will have a short stop along the way to regroup.

PLEASE REGISTER AT  
[blackdogride.com.au](http://blackdogride.com.au)

For more info contact  
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