

Black Dog Ride

1 Dayer

raising
awareness
of depression
and suicide
prevention

Sunday 20th March 2016



Black Dog Ride's iconic annual 1 Dayer is a nationwide project to raise awareness of depression and suicide prevention.

Help us start a national conversation about suicide prevention - get on your motorbike and join your local Black Dog Ride at:

CENTRAL COAST NSW

- 8:30am Check in and breakfast at The Entrance Leagues Club
- 10:30am Ride Departs for the Hunter Valley
- 12.00pm Ride Finale with lunch at Hope Estate

PLEASE REGISTER AT
blackdogride.com.au

For more info contact
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