

# Black Dog Ride

1 Dayer

raising  
awareness  
of depression  
and suicide  
prevention

## Sunday 20th March 2016



Black Dog Ride's iconic annual 1 Dayer is a nationwide project to raise awareness of depression and suicide prevention.

Help us start a national conversation about suicide prevention - get on your motorbike and join your local Black Dog Ride at:

### CANBERRA ACT

- 8am Check in at Sutton Rd Training Centre Majura
- 10.00am Ride Departs
- 11:15am Refreshments at Braidwood Lions Club
- 1.00pm Finish with a lunch at Corrigan's Beach Reserve, Bateman's Bay

PLEASE REGISTER AT  
[blackdogride.com.au](http://blackdogride.com.au)

For more info contact  
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